

SPRINT PRICE LIST – 2009
Subsidies Available

In-Home Services

Homemaking and Respite Care

(Caregiver Relief)..... \$13.00 per hour
Top-Up Hours \$24.50 per hour
Statutory Holiday Rate \$36.75 per hour
Home Help \$12.75 per hour
(2 hour minimum for apartments, 3 hour minimum for houses)

Transportation

Up to 5 km \$5.50 each way
Between 5.5 km & 10 km \$9.00 each way
Between 10.5 km & 15 km \$13.00 each way
Between 15.5 & 20 KM \$15.50 each way
Between 20.5 & 25 Km 19.50 each way
25+ Km 23.50 each way
SPRINT programs \$7.00 return

Adult Day Program (ADP) .. \$20.50 per day
Transportation to ADP \$7.00 return

MEALS ON WHEELS

Hot Meals \$5.30 each
Sandwiches \$2.00 each

Frozen Meals:

Entrées \$4.25 each
Soup \$1.70 each
Dessert \$1.85 each
Regular Package \$28.85 each
(5 Entrées + 5 Soups or Desserts or 7 Entrées)

Reach for 5 Boxes \$12.75 each
(Fresh fruits and vegetables)
1 Litre Carton of Milk \$2.00 each

PRIVATE RECIPE

Frozen Meals on Wheels for Seniors

PRICE LIST

Entrées \$ 4.25

Soups \$ 1.70

Desserts \$ 1.85

Frozen Meal Package \$28.85
7 entrées or 5 entrées and
5 soups or 5 desserts

Choose what you want to eat for a week
from a menu. Your frozen meals will be
delivered by a SPRINT volunteer every
Tuesday

We request that your order be a
minimum of \$10.00

For more information or to obtain a
meal order form, please contact:

SPRINT's Meals on Wheels
Department at (416) 480-4944

GIVE US A CALL...WE'D LOVE TO
HEAR FROM YOU!

Note: All prices are subject to change.

Prices effective April 1, 2009

