



EWART ANGUS SPRINT HOMES - INFORMATION SHEET April 2010

Ewart Angus SPRINT Homes is a secure, appropriate, home-like environment for 20 people with dementia whose families are no longer able to care for them at home for a variety of reasons related to the dementia, but who do not need a Long-Term Care facility as they are physically well and do not need nursing care.

Social Model of Care

Care is based on the philosophy that we uncover, build on, and work with remaining strengths, that we are a non-medical model and that family members are an integral part of the Team. Daily life centers around a program of meaningful activities to foster self-esteem, self-confidence and life satisfaction.

Specially Designed Environment

- Home-like residential environment for 20 residents who have dementia.
- Five private bedrooms in each of the four apartments. Each resident brings his/her own furnishings for their bedroom which creates a personal, familiar, comfortable environment.
- Safe and secure locked unit with the appearance of a regular apartment.
- Residents can move about freely without risk of harm or undue frustration.
- Each bedroom has a large wardrobe with rummaging drawers and a 3 piece barrier-free bathroom with safety aids.
- Roof garden and work room for hobbies, relaxation and social events.

Staff

- Caring, specially trained Personal Support Workers who respect the dignity and abilities of the residents plus staff trained in Activation.
- Understand the effect of dementia on behaviour.
- Provide a flexible routine, following the desires of the resident, i.e. bedtimes and bath times are flexible, breakfast eaten when desired.
- Work with the residents, encouraging them to remain as involved as they are able and building on their remaining skills and strengths to provide many opportunities for success.
- Staff ratio is minimally 1:5 in the day and 1:10 overnight.
- Physicians and dementia specialists available for in-home consultations.
- Hairdresser and foot care nurse visit regularly.
- Supervisor or manager on site as well as on call after hours.

Programming/Philosophy of Care

- Respect for lifelong routines.
- Meaningful, practical activities to help the resident remain as involved as they are able in the activities of daily living to maintain a sense of independence, self-esteem and self-confidence.
- Residents are encouraged to participate in such activities of daily living as meal preparation, laundry, cleaning, etc. These activities are a significant part of the activation programming.
- Individualized programs and activities are tailored to meet the needs, interests and abilities of the resident.
- Special daily group activities add fun and stimulation and include musical activities, gardening, games, discussions, outings, celebration of special days, etc.

See other side

Families, Friends and Volunteers

- The needs of family members are recognized and supported.
- Families and friends are welcome to visit anytime and to participate as much or as little as they wish.
- Family members, friends and volunteers significantly enrich the programming.

Funding/Costs

- The Ministry of Health Long-Term Care provides Supportive Housing funding to SPRINT to provide 24 hour care for the 20 resident with dementia.
- Residents pay \$720 rent to Ewart Angus Homes Inc. and a \$670 fee to SPRINT monthly.
- Sliding scale fee assessment ensures that a number of subsidies can be provided. SPRINT and Ewart Angus Homes Inc. have an agreement to share the cost of some subsidies.

Benefits/Outcomes

- Exceptionally high level of family satisfaction and involvement.
- Challenging/reactive resident behaviors noticeably diminished due to building design and size, staff training, staffing ratio, and activation/care philosophy.
- Best possible quality of life for residents - residents able to do for themselves the activities of daily living to greatest degree possible thus fostering independence, self-esteem and self-confidence.
- Significantly delayed institutionalization.
- Cost effective for the resident and for the tax payer.

SPRINT (Senior Peoples' Resources in North Toronto)

- SPRINT, a United Way member neighborhood based community support service agency, provides a wide range of support services in North Toronto to help seniors and persons with disabilities continue to live at home safely and well and to be active in their community.
- Clients with early dementia often begin by using such SPRINT services as Transportation, Respite Care and Homemaking. As the disease progresses, the Adult Day Program is often very valuable for families.
- As of October 1999, the Ewart Angus 24 hour care facility is part of the continuum of care SPRINT offers and is an option for families no longer able to care for their family members at home.
- Please see SPRINT Annual Report for more information on SPRINT.

Ewart Angus Homes Inc.

- Ewart Angus Homes Inc., a private not for profit organization, owns the Ewart Angus Home building and has partnered with SPRINT to provide the care in the dementia units.
- The Ewart Angus Homes building consists of 6 floors. Well seniors live in spacious market rent apartments on the first three floors of the building. The 20 seniors with dementia live in 4 apartments on the 4th and 5th floor and have the use of a work room and roof garden on the 6th floor.
- The Ewart Angus Homes building was built entirely with private (non-government) monies.

For information email jmoore@sprint-homecare.ca